

# KARATE

守備力

**BECOME A  
KARATE KID!**

- Self Defence
- Fitness
- Discipline
- Confidence
- Control
- Co-ordination
- Fun

**FIRST LESSON FREE**



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# TRAINING SCHEDULE



<b>KNOX PARK</b> - Knox Park P.S. - Kathryn Rd, Knoxfield				
Monday	4.00pm – 5.00pm	Children's Class		
<b>SCORESBY</b> - St. Judes P.S. - George St, Scoresby				
Monday	6.00pm – 7.00pm	Children's Class	7.30pm – 9.00pm	Mixed Class
<b>BENTLEIGH</b> - Tucker Rd P.S. - Tucker Rd, Bentleigh				
Monday	4.00pm – 5.00pm	Children's Class		
<b>ST LEONARDS</b> - St Leonards College - 163 South Road, Brighton East				
Monday	4.00pm – 5.00pm	Children's Class		
<b>BRIGHTON</b> - Brighton P.S. - Wilson St, Brighton				
Monday	6.00pm – 7.00pm	Children's Class	7.30pm – 8.30pm	Mixed Class
<b>ELSTERNWICK</b> - Elsternwick P.S. - 44 Murphy St, Brighton				
Tuesday	3.45pm – 4.45pm	Children's Class		
<b>BRIGHTON GRAMMAR</b> - Community Education Centre - Grosvenor St, Brighton				
Tuesday	6.00pm – 7.00pm	Children's Class	7.30pm – 9.00pm	Mixed Class
<b>MITCHAM</b> - Antonio Park P.S. - 631-639 Whitehorse Rd, Mitcham				
Tuesday	4.00pm – 5.00pm	Children's Class		
<b>TEMPLESTOWE VALLEY</b> - Templestowe Valley P.S. - 15 Birchwood Ave, Temp. Lower				
Tuesday	6.15pm – 7.15pm	Children's Class		
<b>BLACKBURN</b> - Whitehorse P.S. - 70 Junction Rd, Blackburn North				
Tuesday	8.00pm – 9.30pm	Mixed Class		
<b>DONCASTER</b> - Doncaster Gardens P.S. - Sandhurst Ave, Doncaster East				
Wednesday	4.00pm – 5.00pm	Children's Class		
<b>TEMPLESTOWE</b> - Serpells P.S. - Tuckers Rd, Templestowe				
Wednesday	6.00pm – 7.00pm	Children's Class	7.30pm – 8.30pm	Mixed Class
<b>JAMES COOK</b> - James Cook P.S. - James Cook Dve, Endeavour Hills				
Wednesday	4.00pm – 5.00pm	Children's Class		
<b>ENDEAVOUR HILLS</b> - Thomas Mitchell P.S. - Thomas Mitchell Dve, Endeavour Hills				
Wednesday	6.00pm – 7.00pm	Children's Class	7.30pm – 9.00pm	Mixed Class
<b>WHEELERS HILL</b> - Jells Park P.S. - Petronella Ave, Wheelers Hill				
Thursday	4.00pm – 5.00pm	Children's Class		
<b>GLEN WAVERLEY</b> - Brentwood S.C. - Heath St, Glen Waverley				
Thursday	6.00pm – 7.00pm	Children's Class	7.30pm – 9.00pm	Mixed Class
<b>FERNTREE GULLY</b> - Wattleview P.S. - Wattletree Rd, Ferntree Gully				
Thursday	4.00pm – 5.00pm	Children's Class		
<b>MONTROSE</b> - Billanook P.S. - Sheffield Rd, Montrose				
Thursday	6.15pm – 7.15pm	Children's Class	7.30pm – 9.00pm	Mixed Class
<b>MOOROOLBARK</b> - Bimbadeen Heights P.S. - Hayrick Lane, Mooroolbark				
Friday	6.00pm – 7.00pm	Children's Class		
<b>CROYDON</b> - Yarra Road P.S. - Yarra Rd, Croydon				
Friday	4.00pm – 5.00pm	Children's Class	6.00pm – 7.00pm	Children's Class