Wednesday 13/2 Swim Team Trials, Doveton Pool in the Park 4.00 – 5.00pm
Thursday 14/2 Proposed AEU Industrial Action – To be confirmed
Friday 15/2 Last day for book club orders – no late orders accepted
Thursday 28/2 Last day to submit EMA application form
Thursday 7/3 Advance Notice – School Photos
Friday 8/3 Advance Notice – School Photos
Monday 11/3 Labour Day Public Holiday – Students do not attend school

**PRINCIPAL**

**STUDENT ACHIEVEMENT – WHAT MAKES A DIFFERENCE**

There are a number of factors in ensuring that students achieve the very best results possible for them at school.

A really important factor is the relationship between school and home. This is something that we at school, and you as parents have to work hard at achieving. Our communication with each other needs effort from both sides.

**Attendance** – There are around 200 school days in each school year. It is really important that children attend **every day** (unless they are sick). It is also very important that they are at school on time, as coming late is disruptive to them, and to other students.

Although new work is taught many times, and in different ways, the best learning opportunity is usually the first opportunity, when they learn with their companions. Ensuring regular and timely attendance is a parent responsibility.

**Time on Task** – This is a school responsibility, and we are doing everything we can to ensure that students do **not** waste any learning time while they are at school. I have asked teachers to ensure that the full 5 hours of learning time available each day are used most effectively. We have an emphasis on students achieving mastery of appropriate literacy and numeracy skills, however the prescribed curriculum will be taught throughout the school. This may mean that some practices that have been evident at the school will be changed.

One of these will be “fruit time” after lunch. Eating fruit at school is strongly encouraged but it needs to be eaten at snack time, or at lunch eating time. Immediately after lunch time is an important learning time, and it will be devoted to learning.

There are numerous other aspects of ensuring the best possible results are achieved for each student. I will write more about these in later newsletters.

**SPECIAL RELIGIOUS INSTRUCTION NOTICE**
This notice was sent out on Monday. It is repeated elsewhere in the newsletter. Please note that you only need to return the form if you want your child to attend either program.

**FURTHER INDUSTRIAL ACTION – THURSDAY 14TH FEBRUARY**

Members of the Australian Education Union (AEU) are proposing a stop work on Thursday 14th February. This action is proposed only. At this point it is not definite. I will keep parents informed.

*John Hurley*

*Principal*

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**Special Religious Instruction**

This year we intend to offer Special Religious Instruction in the 2 programs listed below.

Parents are advised that they must tick the appropriate box if they want their child to attend either program.

There may be a small cost for each program. More details will be provided when programs have been arranged. Children who do not attend either program will be supervised by teachers.

*Please tick if you want your child to attend and return to school tomorrow, Friday 8th February,*

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**SPECIAL RELIGIOUS INSTRUCTION**

I have ticked the Special Religious Instruction Program I wish my child to attend:

**Programs**

- Christian – Religion in Life – provided by Access Ministries
- Islamic – Special Religious Instruction – provided by Arkan Toledo

Child’s Name: ………………………………………………………………………………

Class: …………………………………

Signed Parent: ……………………………………………………………………………… Date:…………………………………. 
Thomas Mitchell Primary School will be offering the following competitions this year:

<table>
<thead>
<tr>
<th>Competition</th>
<th>Cost</th>
<th>Year Level</th>
<th>Competition Date</th>
<th>Close of entries &amp; payment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Computer Skills</td>
<td>$8.80</td>
<td>3 – 6</td>
<td>Tuesday 21st May</td>
<td>Wednesday 27th March</td>
</tr>
<tr>
<td>Science</td>
<td>$8.80</td>
<td>3 – 6</td>
<td>Wednesday 5th June</td>
<td>Wednesday 27th March</td>
</tr>
<tr>
<td>Spelling</td>
<td>$12.10</td>
<td>3 – 6</td>
<td>Tuesday 18th June</td>
<td>Wednesday 27th March</td>
</tr>
<tr>
<td>Writing</td>
<td>$18.70</td>
<td>3 – 6</td>
<td>Monday 17th June</td>
<td>Wednesday 27th March</td>
</tr>
<tr>
<td>English</td>
<td>$8.80</td>
<td>2 – 6</td>
<td>Wednesday 31st July</td>
<td>Wednesday 27th March</td>
</tr>
<tr>
<td>Mathematics</td>
<td>$8.80</td>
<td>2 – 6</td>
<td>Tuesday 13th August</td>
<td>Wednesday 27th March</td>
</tr>
</tbody>
</table>

These competitions will be held from May to August. To enable us to process student’s entry fees and submit their names, entries will close on Wednesday 27th March. Unfortunately because of strict timelines set by the N.S.W University, late entries cannot be accepted.

*Please complete the form below and return it to school with correct money by Wednesday 27th March, 2013.*

**THOMAS MITCHELL PRIMARY SCHOOL**

**INTERNATIONAL COMPETITIONS & ASSESSMENT FOR SCHOOLS (ICAS) (FORMERLY KNOWN AS UNIVERSITY OF NSW) COMPETITION 2013 - YEARS 3 – 6 & (YEARS 2 - 6 ENGLISH & MATHS)**

I wish my child …………………………………………………………..…… in class ………… to participate in the following competitions:

- [ ] Computer Skills  Tuesday 21st May  $8.80
- [ ] Science  Wednesday 5th June  $8.80
- [ ] Spelling  Tuesday 18th June  $12.10
- [ ] Writing  Monday 17th June  $18.70
- [ ] English  Wednesday 31st July  $8.80
- [ ] Mathematics  Tuesday 13th August  $8.80

I have enclosed $................................ for the cost of these competitions.

Parent signature:_________________________________________________ Date: ______________________

Kathie Arnold
Assistant Principal
Brochures for Issue 1 have been distributed to students. Orders need to be back at school by **Friday 15th February. NO LATE ORDERS WILL BE ACCEPTED.**

Please place the correct money, cheque or credit card payment details, with the order form in an envelope and return to school by the above date. Please note **change will not be given.**

**Josie Morando**  
**Book Club Co-ordinator**

**SCHOOL PHOTOS – ADVANCE NOTICE**  
This year our school photos will be taken on Thursday 7th & Friday 8th March. Further details will be provided at a later date.

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**THE FOLLOWING NOTICES WERE SENT HOME THIS WEEK**

- Canteen Price List 2013  
- Special Religious Instruction  
- Book Club Issue 1

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**HEALTH CENTRE NEWS**

**ANAPHYLAXIS ALERT**  
We all worry about the safety of our children when they are away from our care. For some families this worry can be greater due to health complications.

This year there are several students in your child’s year level who have a severe life threatening allergy to **nuts and/or eggs**. Anaphylactic reactions are frequently caused by nuts such as peanuts/cashews etc and may be linked to eggs.

Touching or ingestion of these products may provoke a serious anaphylactic reaction. This reaction is known as **ANAPHYLAXIS** and can cause death by suffocation within minutes of a reaction. A severe anaphylactic reaction can occur simply from skin contact with a trace of the nut product. When a severe reaction occurs, it can be frightening to both the child and those involved in their care.

At Thomas Mitchell Primary School, we feel we have a role to play in reinforcing appropriate avoidance and management strategies.
Teachers with allergy students will:

- Monitor all food in the classroom including:
  - lunches and snacks
  - birthday treats
  - class party foods
- Establish classroom recommendations of:
  - not sharing food
  - encourage children to wash hands
  - cleaning food spillages

To support the safety and welfare of our students, we ask all parents to carefully consider that foods that you send to school with your child. Please **DO NOT** send the following products:

- PEANUT BUTTER
- NUTELLA
- SNACK BARS CONTAINING ALL NUTS
- PEANUTS, CASHEWS ETC
- LOLLYPOPS
- EGG

As a whole school community, I think it is important to make every effort to ensure that the safety and health of these children are not jeopardised.

**CANTEEN MENU – EGG HEADS AND EGG SANDWICHES**

Please note due to potential allergies we have requested the canteen remove eggs from their regular menu.

**CHICKENPOX ALERT**

There has been 1 COFIRMED case of chickenpox in our school community. Chicken Pox is a highly contagious, but generally a mild disease in children. Chicken Pox is caused by the Varicella Zoster Virus.

1) The first signs of an infection with chickenpox may occur 10-21 days after the exposure. Chickenpox can be transmitted from person to person by **direct contact or airborne spread** (sneezing and coughing).

2) The infected person is **contagious 1-2 days before the rash** appears and until the rash is crusted. (This can take up to 5 days.)

3) Signs of chickenpox are fever, lack of appetite, enlarged neck glands and irritability. The rash is raised and looks like blisters filled with water droplets. It will then progress to crusted lesions. The rash is almost always itchy and appears in crops anywhere on the body.
4) Treatment is as advised by your doctor. Children **may not return to school** until the spots are dry and crusted and the child is fully recovered.

Once lesions have crusted and have become scabs, the person is **NO longer infectious** (appx. 5 days)

5) Other family members that have contracted chickenpox should remain at home until they are fully recovered and blisters have crusted.

6) High risk individuals include very young infants, **pregnant women** and immunosuppressed individuals. Please seek medical advice if you have any concerns.

7) Vaccination against Chicken Pox is recommended as part of childhood immunisation. Cost is approximately $65.00, but is free for children aged 18months.

Please have your child examined by their local GP if you suspect your child has CHICKEN POX.

And as with all infectious diseases, please let the school know if your child is unwell.

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**Swim Trials for 2013 Swim Team – Years 2 to 6**

Just a reminder that the next swim trial for District Swimming will be held Wednesday 13th February 2013 from 4.00pm to 5.00pm at Doveton Pool in the Park, Doveton.

*Troy Diaz, Physical Education Teacher*

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**UNIFORM SHOP OPEN TIMES – Term 1 2013**

Every Friday morning 8.30am to 9.30am:
8th, 15th & 22nd February, 1st, 8th, 15th & 22nd March

Each 1st and 3rd Tuesday afternoon 3.00pm – 4.00pm
19th February, 5th & 19th March

*Sally Opie, Uniform Shop Coordinator.*

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**Help needed to photocopy weekly newsletter**

If any parents are able help photocopy our weekly newsletter on a Thursday afternoon please contact the office. Depending on the number of helpers we aim to have a rotating roster set in place.
Welcome back to all our TMPS families for 2013 and a huge welcome to all our new families!

**Next Meeting**
The next meeting of the Parents’ Club will be in the staffroom on **Monday 11th February at 2pm**. Everyone is welcome to come along for a cuppa and a chat!

**Parent Helpers Form**
If you are able to assist the Parents’ Club in any of our fundraising activities, could you please fill out the form below and return it to the school office. If you are new to the school, this is a great way to meet other families and to get involved in school activities.

**Parent Helpers Form: Attention Effie**

Name: ........................................................................................................................................

Student Name: ....................................................................................................................... Class .................

Contact Phone: .................................................................

Days/Times that you are available: ............................................................................................

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**Community News**

**TMPS 0-4 Year olds - Playgroup Club**

**Wednesday’s between - 9.15AM – 10.30AM.**
Hello to all the parents of Thomas Mitchell Primary who have children under school age. The school runs a Playgroup each Wednesday in one of our portable rooms near the hard court area at the back of the school.

It is a great opportunity to meet other parents of the school and for your younger children to meet other children who may be joining the school in the future. Please feel free to bring a friend, or if you know someone with younger children who would like to join this group please let them know.

**Wednesday 13th February – Old MacDonald Had A Farm**
There will be farm animals, singing, plus stories and other activities for your children to enjoy. Please bring a snack for your child and a gold coin donation.
Endeavour United Soccer Club

Registration Day will be held this Sunday 10th February, at Reema Reserve, Reema Boulevard Endeavour Hills from 11.00am to 4.00pm. Boys teams are from U7 to U15, and girls teams U13 to U16.

Special guest appearance from Melbourne Victory players Matthew Foschini and Jason Geria will be at the club between 12.00pm and 2.00pm. A sausage sizzle and jumping castle will be available on the day.

Payment in full on the day is required, EFT facilities will be available. Further enquiries please email endeavourunited@gmail.com

Are you aged between 5 and 17?

Do you want to meet new people while playing sport?

Then Netball is for you!

At St Mary’s Netball Club, we offer an all inclusive place to have fun, learn new skills, meet new people, all while playing the awesome game of Netball.

Worried about fees?

Well don’t. Our fees are low and payment plans are available.

Still interested?

Then come down to the Greaves Reserve Netball Complex Dandenong on Saturday the 9th of February between 10.00am-12.00pm and meet with our friendly coaches at our registration day.

More information?

Contact Penny on 0449663258, email stmarysnetballclub@hotmail.com or check out our website http://stmarysnetballclubdandenong.weebly.com/

Can’t wait to see you there!

Register now for
2013
BECOME AN EAGLE

ENDEAVOUR HILLS JUNIOR FOOTBALL CLUB WILL BE HOLDING THEIR REGISTRATION DAY FOR THE UPCOMING SEASON ON
SUNDAY 10th FEBRUARY FROM 1PM TO 4PM LOCATED AT CHARLES GREEN RESERVE

PRESIDENT- Darren Baker 0412 557 444  REGISTRAR - Leah Alezza 0418 517 552

www.endeavourhillsjfc.com.au
Casey Panthers Soccer Club (CPSC) – Registration Day

When: Sunday February 17th
10am to 12noon for new players, 12noon to 2pm for returning players

Where: Prospect Hill Reserve, 79 Kurrajong Rd, Narre Warren

For more information: www.caseypanthers.org.au or caseypanthers@hotmail.com or call Hannah Roche on 0400 971 643

St Paul’s Netball Club

Registration Day
All persons wishing to play in the 2013 Saturday Winter Netball Competition must register with the Club. Winter season runs from 23rd March to 27th July 2013.

Registration will be held on Tuesday 26th February from 7.00pm – 8.00pm at the Annexe (next to St Paul Apostle Parish Centre), William Hovell Drive, Endeavour Hills

Enquiries can be made to: Nilla Biondo 0403 218 630
Margaret McMahon 0419 516 614

NARRE WARREN-BERWICK BLUE LIGHT DISCO

The next Narre Warren-Berwick Blue Light Disco will be held at the Narre Warren North Community Centre, A’Beckett Road, Narre Warren North on Friday 8th February for students only in years 3, 4, 5 and 6 from 6.00pm – 9.00pm. Cost is $10.00. Any enquiries can be made to the Narre Warren Police Station on 9705 3111.

Learn music here at school
Come and join the fun of learning to play keyboard, guitar, here at Thomas Mitchell Primary School.

Creative Music for Schools conducts a music program here at school each week. Small group classes give children an excellent grounding in music where they will learn to read music and play their chosen instrument.

Tuition costs from$15.40 per lesson and enrolments are now being accepted for limited places in term 1. Interested parents should call Marika during office hours on 9818 2333.
# Thomas Mitchell Primary School Canteen Menu 2013

## Prawn Tomyum Hotfood
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prawn Tomyum Hotfood</td>
<td>$7.70</td>
</tr>
<tr>
<td>Nasi Goreng</td>
<td>$7.20</td>
</tr>
<tr>
<td>Nasi Lemak</td>
<td>$7.50</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>$7.65</td>
</tr>
<tr>
<td>Fried Rice with Tomyum Sauce</td>
<td>$8.30</td>
</tr>
<tr>
<td>Fried Rice with Nasi Goreng</td>
<td>$7.70</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$7.20</td>
</tr>
</tbody>
</table>

## Sandwiches, Rolls & Wraps
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken &amp; Cheese Roll</td>
<td>$7.60</td>
</tr>
<tr>
<td>Beef &amp; Cheese Roll</td>
<td>$7.60</td>
</tr>
<tr>
<td>Ham &amp; Cheese Roll</td>
<td>$7.30</td>
</tr>
<tr>
<td>Meat Roll</td>
<td>$7.20</td>
</tr>
<tr>
<td>Cheese Roll</td>
<td>$7.20</td>
</tr>
<tr>
<td>Ham &amp; Cheese Roll</td>
<td>$7.30</td>
</tr>
<tr>
<td>Beef &amp; Cheese Roll</td>
<td>$7.60</td>
</tr>
</tbody>
</table>

## Breakfasts
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prawn Tomyum Hotfood</td>
<td>$1.20</td>
</tr>
<tr>
<td>Fried Rice</td>
<td>$1.20</td>
</tr>
<tr>
<td>Fried Rice with Tomyum Sauce</td>
<td>$1.20</td>
</tr>
<tr>
<td>Fried Rice with Nasi Goreng</td>
<td>$1.20</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$1.20</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$1.20</td>
</tr>
</tbody>
</table>

## Salads
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chicken &amp; Cheese Wrap</td>
<td>$5.60</td>
</tr>
<tr>
<td>Beef &amp; Cheese Wrap</td>
<td>$5.60</td>
</tr>
<tr>
<td>Ham &amp; Cheese Wrap</td>
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</tr>
<tr>
<td>Nasi Goreng</td>
<td>$5.60</td>
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<tr>
<td>Fried Rice</td>
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<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$5.60</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$5.60</td>
</tr>
</tbody>
</table>

## Dine In & Take Away
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fried Rice</td>
<td>$2.50</td>
</tr>
<tr>
<td>Fried Rice with Tomyum Sauce</td>
<td>$2.50</td>
</tr>
<tr>
<td>Fried Rice with Nasi Goreng</td>
<td>$2.50</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$2.50</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$2.50</td>
</tr>
</tbody>
</table>

## Frozen Treats & Snacks
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prawn Tomyum Hotfood</td>
<td>$1.20</td>
</tr>
<tr>
<td>Nasi Goreng</td>
<td>$1.20</td>
</tr>
<tr>
<td>Nasi Lemak</td>
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</tr>
<tr>
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<td>$1.20</td>
</tr>
<tr>
<td>Fried Rice with Nasi Lemak</td>
<td>$1.20</td>
</tr>
</tbody>
</table>

## Drinks
<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>Water</td>
<td>$1.20</td>
</tr>
<tr>
<td>Milk</td>
<td>$1.20</td>
</tr>
<tr>
<td>Strawberry Milk</td>
<td>$1.20</td>
</tr>
<tr>
<td>Pineapple Juice</td>
<td>$1.20</td>
</tr>
<tr>
<td>Orange Juice</td>
<td>$1.20</td>
</tr>
</tbody>
</table>

## All items are categorised by Nutrition Australia as a guide to encourage healthy choices.

Open Every Day

Effective Term 1 2013