

BELLBROOK CATERING



THOMAS MITCHELL PRIMARY

CANTEEN MENU

Open Everyday

Please write your child's name, class and lunch order with prices on a suitable sized new lunch bag or add 0.20 for provided bag

Ordering on-line is now available through QKR and our preferred ordering system

HEARTY HOT FOOD

Lasagne 97% fat free	\$5.80	☺☺☺
Macaroni Cheese 97% fat free	\$5.80	☺☺☺
Vegetarian Fried Rice 97% fat free	\$5.80	☺☺☺ HV
Potato Cake (recess only) Term 2 and 3	\$1.50	☺☺
Dim Sims Steamed	\$1.50	☺☺☺
Hot Noodles Chicken or Beef	\$3.50	☺☺H
Chicken crumbed tender	\$2.50	☺☺GF
Hot Dog	\$4.20	☺☺
Beef Cheese Burger with Lettuce and Sauce	\$6.00	☺☺☺H
Chicken and Cheese Burger with Lettuce & Mayo	\$6.00	☺☺☺ H
Gluten Free Hot Dog (no roll)	\$3.50	☺☺GF
Chicken Breast Nugget - Bag of 3	\$4.00	☺☺H
Chicken Breast Nugget - Bag of 6	\$7.00	☺☺H
Corn Cobbette	\$1.50	☺☺☺
100% Vegetable Pastie	\$5.80	☺☺ V
Halal Beef Pie	\$5.80	☺☺ H
Lite N Up Beef Pie	\$5.80	☺☺
Lite N Up Sausage Roll	\$5.20	☺☺
Lite N Up Snack Party Pie	\$1.40	☺☺

All pies heart foundation approved, low GI, reduced fat

SUPER SANDWICHES AND SALADS

	Sandwich	
Vegemite	\$2.40	☺☺☺ V
Cheese	\$2.60	☺☺☺ V
Ham (97% fat free)	\$3.50	☺☺
Ham (97% fat free) and Salad	\$5.00	☺☺
Ham & Cheese	\$4.40	☺☺
Roast Chicken	\$4.40	☺☺☺ H
Roast Chicken & Salad	\$5.20	☺☺☺ H
Fresh Salad (lettuce,cucumber,tomato,carrot)	\$4.40	☺☺☺ V
Egg & Lettuce	\$3.50	☺☺☺ V
Rolls or Wraps extra	\$0.80	
***All sandwiches on wholemeal bread ***		
White bread available on request		
FRESH MADE SALAD BOXES		
Mixed Salad (lettuce,cucumber,tomato,cheese,carrot)	\$5.00 Regular	☺☺☺GF
Add beetroot	\$0.50	
Add egg	\$1.00	
Add Chicken or Ham	\$1.20	

TASTY JAFFLES

Baked Bean and Cheese	\$4.50	☺☺☺ V
Spaghetti	\$4.00	☺☺☺ V
Cheese	\$4.00	☺☺☺ V
Ham and Cheese	\$5.00	☺☺☺

You can now order online through QKR

Download the App through the App store or Google Play

Preferred Payment Method



SPECIAL SNACKS

Popcorn, Butter, Cheese or Slightly Sweet	\$1.80	☺☺GF
Red Rock Chips Honey/Soy	\$1.80	☺☺
Choc Chip Cookies	\$2.80	☺☺
Gingerbread	\$2.00	☺☺
Ovalteenies	\$1.30	☺☺
Homemade Mini Muffin	\$1.20	☺☺
Veggie Cup with Dip	\$2.20	☺☺☺GF
Fruit Salad Cup	\$2.30	☺☺☺GF
Yoghurt Frogs (5 pack)	\$1.00	☺☺

EXTRAS

Salad Dressing Tub	\$0.50	☺☺
Tomato Sauce	\$0.40	☺☺
LUNCH BAGS	\$0.30	

This menu has been categorised by Nutrition Australia as a guide to encourage healthy choices

DRINKS

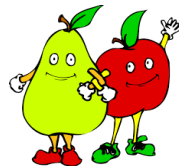
250ml Water	\$1.60	☺☺☺GF
600ml Water	\$3.00	
250ml Milk (Reduced Fat) Chocolate, Strawberry	\$3.00	☺☺☺GF
100% Fruit Juice 250ml	\$3.00	☺☺☺GF
Apple or Tropical		
Chill J Flavoured Spring Water	\$3.00	☺☺GF
Raspberry, Watermelon, Grape, Lemonade		

FROZEN TREATS

Frozen 100% Juice Tubes	\$1.20	☺☺☺GF
Frozen Skim Milk Tubes (Choc or Blue)	\$2.50	☺☺☺GF
Frozen Pineapple, Watermelon	\$0.60	☺☺☺GF
Twisted Frozen Yoghurt Choc/Van or Mango/W'Melon/Strawberry	\$3.00	☺☺☺GF
Streets Paddle Pop Rainbow	\$2.60	☺☺

- ☺☺☺ Every Day Foods
- ☺☺ Select Carefully foods
- V Denotes Vegetarian
- GF Denotes Gluten Free.
- H Denotes Halal Approved

PLEASE NOTE: SOME PRODUCTS MAY CONTAIN EGG



PRICES SUBJECT TO CHANGE

Bring your lunch bag back to the canteen to collect your frozen treat

EFFECTIVE JANUARY 2023

IF YOUR CHILD HAS ANY FOOD ALLERGIES PLEASE MARK BAG CLEARLY